and psychiatric symptoms. Percentage of children and adolescents who have experienced anxiety, depression, and suicide attempts have increased in recent years.

The prevalence of mental health issues among young people is concerning. It is important to raise awareness and provide support for those affected. Early intervention and access to mental health services are crucial in preventing further complications.

It is essential to continue research on the causes and effects of mental health issues in children and adolescents. This will help in developing effective strategies for prevention and treatment. Mental health education in schools and communities is also vital in promoting positive mental health outcomes.